

*the power of the
three stranded prayer*



*Prayed for you by
Sheila Mangum*

www.sheilamangum.com

Copyright © 2015 by Sheila Mangum

Published in the United States of America

No part of this book may be reproduced or transmitted in any form or by any means—electronic, mechanical, photocopying or recording, or by any information storage and retrieval system—without prior written permission from the author.

Scripture quotations marked ESV are taken from The ESV® Bible (The Holy Bible, English Standard Version®) copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. ESV® Text Edition: 2011. The ESV® text has been reproduced in cooperation with and by permission of Good News Publishers. Unauthorized reproduction of this publication is prohibited. All rights reserved. The Holy Bible, English Standard Version (ESV) is adapted from the Revised Standard Version of the Bible, copyright Division of Christian Education of the National Council of the Churches of Christ in the U.S.A. All rights reserved.

Scripture quotations marked NIV are taken from the THE HOLY BIBLE, NEW INTERNATIONAL VERSION®, NIV® Copyright © 1973, 1978, 1984, 2011 by Biblica, Inc.® Used by permission. All rights reserved worldwide.

Scripture quotations marked MSG are taken from The Message. Copyright © 1993, 1994, 1995, 1996, 2000, 2001, 2002. Used by permission of NavPress Publishing Group.

Scripture quotations marked NKJV are taken from the New King James Version®. Copyright © 1982 by Thomas Nelson. Used by permission. All rights reserved.



Sheila Mangum Ministries Presents:

The Power of the Three-Stranded Prayer©
www.sheilamangum.com

The Power of the Three Stranded Prayer is a book created from Sheila Mangum's popular blog "One Girl and Her God." To receive prayers written by Sheila sent to your email and have a community of prayer warriors praying powerful prayers for you join **The Power of the Three Stranded Prayer** family at: www.sheilamangum.com

What is the Three Stranded Prayer?

Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up. Also, if two lie down together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.

Ecclesiastes 4:9-12 (NIV)

Three Strands

Ecclesiastes 4:9-12 teaches the power of three people working and walking together. They are mightier and more able to withstand their enemies. *Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.* (v. 12 NIV) There is power in a prayer prayed with someone else.

Praying a three-stranded prayer is praying the Word of God together with a like-minded friend. You both believe for God to bend His ear to you, put His eye to your requests, and answer exceedingly more than you could ever hope, think, or imagine, because He is your God who is Faithful and True to you personally. He works ALL things out for your good. Here's how praying a three-stranded prayer works:

The **FIRST STRAND** is you praying God's Word. The holy, sacred, all-powerful God-breathed Word.

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work. (2 Timothy 3:16-17 NIV)

Your word is a lamp for my feet, a light on my path. (Psalm 119:105 NIV)

Do not merely listen to the word, and so deceive yourselves. Do what it says. (James 1:22 NIV)

The **SECOND STRAND** is another believer praying God's Word with you and agreeing that if it is God's will, it will be done for you by the Father in heaven. I know it may be difficult to ask someone to pray with you or perhaps you don't have anyone to ask. **If that is the case, please know that I have prayed each of the 40-days of prayer in this book and ask now that the Lord will braid our prayers together.**

... then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. (Philippians 2:2 NIV)

For where two or three gather in my name, there am I with them. (Matthew 18:20 NIV)

Again, I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven. (Matthew 18:19 NIV)

The **THIRD STRAND** is God; He strengthens the cord. You believe God will accomplish what He has promised to you in His Word and your prayers are answered according to your loving and faithful Father's will.

... so is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it. (Isaiah 55:11 NIV)

"Truly I tell you, if anyone says to this mountain, 'Go, throw yourself into the sea,' and does not doubt in their heart but believes that what they say will happen, it will be done for them. Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours. (Mark 11:23-24 NIV)

He replied, "Because you have so little faith. Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you." (Matthew 17:20 NIV)

Abraham lived a life fully convinced that God is able to do what He's promised. (Romans 4:21) Let's emulate Abraham's faith! God is more determined to give you the desires of your heart than you are to ask. His ear is attentive to prayer and He answers with goodness and favor. (Nehemiah 1:11)

Words are so powerful. The most powerful words in the world are the ones prayed. The most powerful words to pray are the Word of God. More powerful are prayers prayed and agreed upon with a like-minded believer. His Word does not return to Him void and it will accomplish what it is sent to do! *The Power of the Three Stranded Prayer* will empower your life with answers, peace, wisdom, miracles, joy, and Christ-likeness.

May I pray a Three Stranded Prayer for you?



“The Power of the Three Stranded Prayer”

Father,

Your child may feel hopeless, but there is no such thing with You! In the midst of their heart-breaking situation, remind Your child that they have the Bible, filled with life-giving truth, available to them. Right now, encourage Your child to find the verses in this prayer in their Bible or online. Why? Because Your Word has the power to resurrect, change, and restore. (Hebrews 4:12, 2 Timothy 3:16) Your Word brings life to hearts that are barely beating. (Psalm 19:7) Your Word, abiding in the heart of Your child, can move mountains, breathe life into dead bones, and bulldoze the hardest of hearts. (John 15:7)

What You wrote in Scripture thousands of years ago stands today. You have not changed Your mind, nor are You like man that You would lie to those who belong to You. (Numbers 23:19) No, You are the living God who keeps His promises. You are *Jehovah El Emeth: the LORD God of truth*. Your child can be guaranteed that Your Word will not return to You void, but it will accomplish what You sent it to do. (Isaiah 55:11) Forever, Your Word is settled in heaven. (Psalm 119:89)

What has Your Word been sent to do? Heal, deliver, resurrect, and set free. (Psalm 107:20) Teach Your child to place their hope in You and to keep these promises tucked in their heart. As Solomon instructed his son to heed his wise words, remind Your child to pay attention to Scripture, for Your Word is life. (Proverbs 4:20-22) Father, Your Word is a lamp to our feet. It guides the way for us, giving wisdom, discernment, and sound judgment. (Psalm 119:105) Direct Your child's steps to Your goodness. (Proverbs 16:9) May they have the Mind of Christ as they are directed into the path of Your highest and best for them. (1 Corinthians 2:16) A mind that stays on You!

Scripture is filled with beautiful ways that You fight for Your beloved. The passages recount how You answer the cries of Your people. Unforgettable moments of hope are all over its pages.

We see Your brilliance and might in the Red Sea parting, the sun standing still, prison walls falling, battles being won, and the dead coming back to life. Nothing is too hard for You. (Jeremiah 32:27) Thank You for not being a respecter of persons and not playing favorites. (Acts 10:34, Romans 2:11) You can give an unforgettable moment of hope for Your child in their circumstances too. Father, in the mighty Name of Jesus, please astound Your child by answering their prayers exceedingly, abundantly more than they could ever dream. (Ephesians 3:20)

As Your dear one reads more of the Bible, help them become fully convinced, like Abraham, that You are able to do what You have promised. (Romans 4:19-21) Cultivate a love for Scripture within their heart as they daily read Your Word. May Your ear be attentive to this prayer and may You answer with goodness, favor, and hope. (Nehemiah 1:11)

You have promised. *And we know that for those who love God all things work together for good, for those who are called according to his purpose.* (Romans 8:28 ESV)

We have asked. *Again, I say to you, if two of you agree on earth about anything they ask, it will be done for them by my Father in heaven.* (Matthew 18:19 ESV)

Your child believes. *Truly, I say to you, whoever says to this mountain, "Be taken up and thrown into the sea," and does not doubt in his heart, but believes that what he says will come to pass, it will be done for him. Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.* (Mark 11:23-24 ESV)

Lord, please speak words of hope and encouragement into this precious one's heart. Dispel any voices that have tried to make them feel not listened to, small, or unloved. You are for them. Remind Your beloved that YOU are the God of ALL hope and give Your child good things according to Your Word and Your will. (Romans 15:13)

In the mighty Name of Jesus we pray,
Amen and amen.

Join Sheila's Prayer Blog or DONATE to the MINISTRY and receive the advanced PDF version of **The Power of the Three Stranded Prayer: 40-Days of Empowering Your Life With God's Word** at:
www.sheilamangum.com



Author Bio

Sheila Mangum made the best decision of her life: to follow hard after Jesus. Since then, she has studied and read God's Word daily. Her relationship with Jesus and the Bible have grounded Sheila in the peaks and carried her through the valleys of life. Each high and low drew her closer to God in prayer and gave her unique insights into the trials and triumphs we all face. A desire sparked within her heart to teach others about the power of praying Scripture. She spends the majority of her time with God, praying without ceasing, and loves Him devotedly! This time with Him fills her up to speak, write Bible Studies and posts for her website, and encourage others.

Sheila has a Masters Degree in Christian Ministry and a Bachelors Degree in Marketing and Business. Her wonderful family—husband Steve, daughter Brittany, and son Stevie—live in a quaint North Carolina town where they enjoy milkshakes at the local soda shop and cheer for their favorite college football team (Roll Tide!).